



# SETA Weekly Timetable



	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
High Performance & Tour Squads	10:00 - 12:00pm	10:00 - 12:00pm	10:00 - 12:00pm	10:00 - 12:00pm	10:00 - 12:00pm	
Enhance Squads	5:00 - 7:00pm @ Bodley St TC	5:00 - 7:00pm @BLTC	5:00 - 7:00pm @BLTC	5:00 - 7:00pm @ Bodley St TC	5:00 - 7:00pm @BLTC	
Compete Squads	5:00 - 6:30pm 5:00 - 7:00pm <sup>+</sup> +Advanced @BLTC	4:00 - 5:00pm 5:00 - 7:00pm @Bodley St TC 5:00 - 6:00pm @BLTC & Bodley St	5:00 - 6:30pm @ Bodley St TC	4:00 - 5:00pm @BLTC 5:00 - 7:00pm <sup>+</sup> +Advanced @ Bodley St TC	5:00 - 6:30pm @BLTC 5:00 - 7:00pm <sup>+</sup> +Advanced @ Bodley St TC	10:00 - 11:00 @ BLTC
Green Ball Hot Shots	4:00 - 5:00pm @ BLTC + Bodley St	5:00 - 6:00pm @Bodley St TC	4:00 - 5:00pm @ Bodley St TC	4:00 - 5:00pm @Bodley St TC 5:00 - 6:00pm @ BLTC	4:30 - 5:30pm 5:00-6:00pm @Bodley St TC	10:00 - 11:00 @ BLTC
Orange Ball Hot Shots	4:00 - 5:00pm 5:00 - 6:00pm @ BLTC	4:00 - 5:00pm @BLTC + Bodley ST 5:00-6:00pm @BLTC	4:00 - 5:00pm 5:00-6:00pm @BLTC	4:00 - 5:00pm @ BLTC	4:00 - 5:00pm @ BLTC	9:00 - 10:00 @ BLTC
Red Ball Hot Shots	4:00 - 5:00pm 5:00 - 6:00pm @ BLTC	4:00 - 5:00pm @ BLTC	4:00 - 5:00pm 5:00 - 6:00pm @ BLTC	4:00 - 5:00pm 5:00 - 6:00pm @ BLTC	4:00 - 5:00pm 5:00 - 6:00pm @ BLTC	9:00 - 10:00 10:00 - 11:00 @ BLTC
Blue Ball Hot Shots (Pre-school age)	2:15 - 3:00pm @ BLTC	9:15 - 10:00am @ BLTC			12:30 - 1:15pm @ BLTC	9:15 - 10:00am @ BLTC
Cardio Tennis & Adult Group	11:15- 12:15pm Adult Group @BLTC 7:00 - 8:00pm Adult Group @Bodley St TC		9:00 - 9:45am Adult Group 9:45 - 10:45am CARDIO @BLTC	7:00 - 7:45pm CARDIO @BLTC	9:00 - 10:00am Adult Group 11:30 - 12:15pm CARDIO @BLTC	